



MENTAL HEALTH & ADDICTIONS RESEARCH FUNDING AWARD

Expression of Interest to Apply Guidelines – Winter 2026

Award Term	Up to 2 years
Funding Available	Up to \$100,000 per project
Expression of Interest Deadline	February 11, 2026, 1:00 PM (AST)
Invitation to Full Application	April 2026
Full Application Deadline	June 10, 2026, 1:00 PM (ADT)
Anticipated Notice of Funding Decision	September 2026
Anticipated Start of Funding	October 2026

Powered by:



TABLE OF CONTENTS

- Submission Process..... 2***
 - About Jura..... 2
 - Inviting Others to See the Submission..... 2
 - Completing your EDIA Self-Declaration3
 - Jura Technical Support3
- Eligibility Self-Declaration..... 4***
 - Organization with Eligible Appointment 4
 - Appointment Type 4
 - Residing and Working in Nova Scotia 4
 - New Investigator in Addictions & Mental Health Grant 4
- Applicant Information 5***
 - Primary Contact 5
 - Organization Administering Funds..... 5
- About the Project..... 5***
 - Project Title..... 5
 - Plain Language Summary.....6
 - Project Alignment.....6
 - Engagement with Potential Beneficiaries.....6
 - Expected Impact.....7
 - Team Members.....7
 - Key Words..... 8
- Attachments..... 8***
 - Primary Applicant CV 8
 - Additional Attachments..... 8
- Reviewers 8***
 - Suggested & Excluded Reviewers 8
- Application Submission 9***
 - Application Summary9
 - Submission9
 - Organizational Review.....9
- Application Support..... 9***
- Appendix A: Review Process 10***

Requirements are outlined below for the Expression of Interest (EOI) proposal for the one-time **Mental Health & Addictions Research Funding Award**. For more information about this opportunity presented by the Nova Scotia Office of Addictions and Mental Health, including the application and review processes, please visit <https://researchnhs.ca/mharfa>.

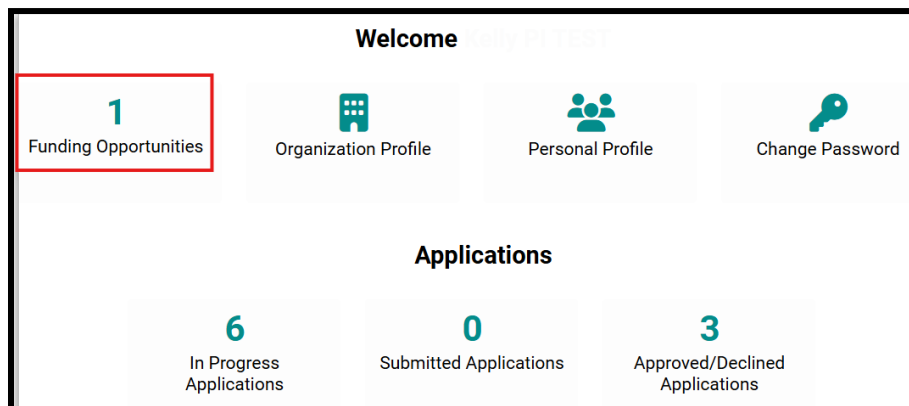
SUBMISSION PROCESS

ABOUT JURA

All Expression of Interest (EOI) proposals will be submitted via Research Nova Scotia's online portal, [Jura](#).

The main contact person for the submission is considered the **Primary Applicant (PA)**. To access the application, this individual must create a Jura account by clicking the 'Register' button found [here](#). Please see the [How to Create Jura Account](#) guide for further direction on how to create your Jura account.

Once registered, the PA will be able to view the EOI application form for this opportunity via the '*Funding Opportunities*' section on their Jura homepage.



IMPORTANT: Information entered in Jura is NOT automatically saved. Click the 'Save Draft' button frequently to ensure that you do not lose any information.

EOI Applications **will not** be accepted beyond the deadline of **Wednesday, February 11, 2026, at 1:00 PM (AST)**.

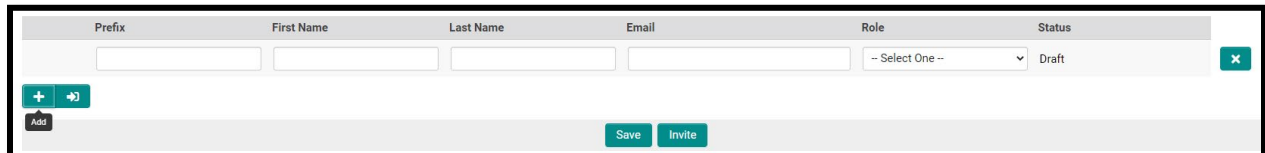
INVITING OTHERS TO SEE THE SUBMISSION

PAs may invite others (i.e., co-applicants, collaborators, or partners) to view the submission via the '*Invitations*' tab on the left side of the submission form. To invite an individual as a viewer, select the '*plus button*' to add a new viewer to the application. Provide the contact details of the individual (as detailed below) and select the '*viewer*' role from the role dropdown. Once the contact information is entered for all viewers, select '*Invite*'; the individual(s) will receive an

email inviting them to create an account in Jura* and will be able to view the submission under the *'In Progress Applications'* section on their Jura homepage.

Please note that the 'viewer' role may only view the submission content and cannot make edits to the submission on Jura.

If you would like to add an individual with editing and submission privileges, please email helpdesk@researchns.ca.



The screenshot shows a form for adding a new user. It has a table-like structure with columns for Prefix, First Name, Last Name, Email, Role, and Status. Each column has a corresponding input field. The Role field is a dropdown menu with "-- Select One --" and "Draft" as options. There are "Add", "Save", and "Invite" buttons at the bottom of the form.

**If the individual already has a Jura account, please ensure that the email address used for this invitation is the same email address used to sign up for their Jura account.*

COMPLETING YOUR EDIA SELF-DECLARATION

All applications submitted for this opportunity must be accompanied by a completed EDIA self-declaration for the Primary Applicant(s).

If you are a first-time user, the EDIA self-declaration is completed as part of the Jura account creation. If you already have an account, reference the [How to Update your EDIA Declaration](#) guide for direction on how to review and update this information.

JURA TECHNICAL SUPPORT

Technical issues related to application submission via Jura can be directed to:

RNS Jura Helpdesk
helpdesk@researchns.ca

Jura Helpdesk hours are 8am-4pm Monday to Friday. Responses will be provided as soon as possible but please allow up to 24 hours for a response.

ELIGIBILITY SELF-DECLARATION

ORGANIZATION WITH ELIGIBLE APPOINTMENT

Provide the name of the organization at which your eligible appointment is held.

APPOINTMENT TYPE

Select the appropriate appointment type from the options provided. The following academic appointments are eligible for this award:

- Tenured appointments
- Tenure-track appointments
- Probationary tenure-track appointments
- Research Scientist (NSCC)
- Limited-term appointments*
- Affiliated scientists, medical staff or other appointments/affiliations approved by a senior official (i.e., CEO or VP Research)

Adjunct and instructor positions are not considered academic appointments.

*Applicants with limited term appointments are eligible to apply, however, if funded, applicants will be asked to provide organizational confirmation that the award will end before their term end date.

RESIDING AND WORKING IN NOVA SCOTIA

Indicate whether you will reside in Nova Scotia, work at an eligible Nova Scotia organization, and maintain an eligible academic appointment for the full tenure of the award.

NEW INVESTIGATOR IN ADDICTIONS & MENTAL HEALTH GRANT

Indicate whether you currently hold a New Investigator in Addictions & Mental Health Grant (NIAMHG).

Current New Investigators in Addictions & Mental Health Grant holders are eligible to apply, provided their award end date is prior to September 30, 2026.

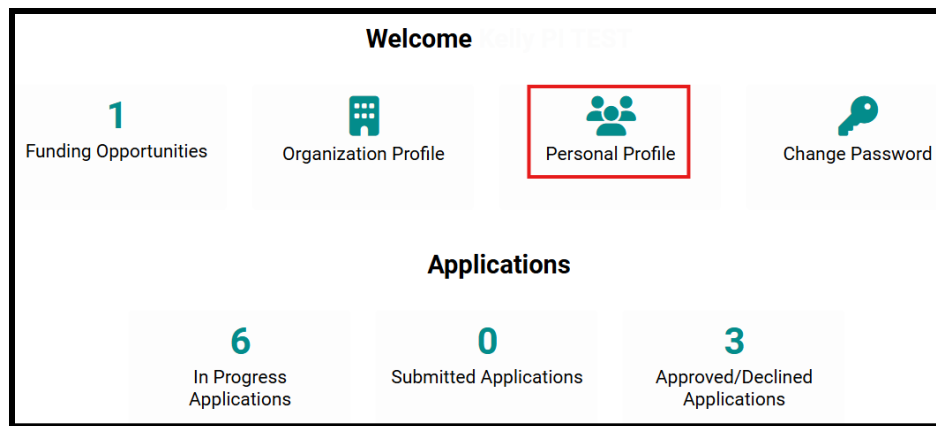
Applicants may not simultaneously hold both a New Investigator in Addictions and Mental Health Grant and a Mental Health & Addiction Research Funding Award.

APPLICANT INFORMATION

In this section, please provide the information requested regarding the Primary Applicant (the main contact for the submission).

PRIMARY CONTACT

This field displays the contact information that you entered when you created your Jura account. If this information is incorrect, please update your contact information using the 'Personal Profile' link on your Jura homepage.



ORGANIZATION ADMINISTERING FUNDS

Provide the organization that will administer the project funds. This may be different from the organization with which you are affiliated in the Jura system.

An individual with signing authority for this organization will be required to log in to Jura to approve the application and agree to terms and conditions listed in the Institution Agreement.

Applicants must contact the organization that will be approving their application well in advance of the deadline to determine internal organizational deadlines, requirements, and potential support.

ABOUT THE PROJECT

PROJECT TITLE

Provide a descriptive but concise title for your research project. The chosen title should clearly describe the project for which you are seeking support. It should not contain a company or trade name. Spell out any scientific symbols and/or acronyms.

If successful, it will be used for communication purposes.

PLAIN LANGUAGE SUMMARY

Maximum: 300 words

Provide a clear, plain language description of your proposed research. This should be written in language suitable for a **non-scientific audience** and include:

- A description of the issue/topic to be researched, the overall project objectives and research question.
- Explanation of how this work will benefit Nova Scotians
- A brief description of the activities for which you are requesting funding

Wherever possible, avoid using jargon, abbreviations, and technical terms; if you must use them, please provide a clear explanation. *If funded, this summary will be used for communication purposes.*

PROJECT ALIGNMENT

Maximum: 500 words

Describe what the project will do, why it matters, and how it contributes to improved mental health and addictions outcomes in Nova Scotia. In developing this description, applicants should address the following elements:

- **Broader context:** Describe how the proposed work considers the social, structural, and environmental factors that influence mental wellbeing (such as access to services, housing, income, education, geography, or systemic barriers), and why these factors are relevant to the issue being addressed.
- **Equity and impact:** Explain how the project is expected to contribute to more equitable mental health and addictions outcomes, including any populations or communities that may benefit disproportionately from the work.
- **Policy alignment:** Indicate how the proposed work aligns with, or supports, the objectives of the Province's *Action for Health* plan. This may include strengthening prevention, improving access and quality of care, supporting innovation, or informing system-level change.

Applicants should avoid technical language, acronyms, and detailed methodological descriptions in this section. Responses should be written so that they can be easily understood by a general audience, including policymakers, practitioners, and community stakeholders.

ENGAGEMENT WITH POTENTIAL BENEFICIARIES

Maximum: 500 words

Describe how you will meaningfully engage with Nova Scotians who are expected to benefit from the proposed research. This section should demonstrate how community voices are integrated into the design, conduct, and use of the research.

In responding, applicants should address the following:

- **The beneficiaries:** Who is most likely to benefit from this work (e.g., individuals, families, communities, service providers, or systems)?
- **Community engagement:** Describe how individuals, communities, or organizations in Nova Scotia who may benefit from the research will be engaged throughout the project (e.g., in defining the research questions, shaping activities, interpreting findings, or supporting knowledge mobilization).
- **Community-led relevance:** Explain how input from potential beneficiaries has helped, or will help, to shape the research activities, ensuring the work is grounded in community-identified needs and priorities.
- **Equity and lived experience:** Describe how the proposed engagement approach reflects and responds to the lived or living experiences of communities that are underserved by the province’s health system, and how these perspectives will inform the research process and outcomes.

This opportunity seeks to strengthen evidence that can inform **community-led solutions** and improve mental health and addictions outcomes for underserved populations. Applicants should clearly articulate how their engagement approach supports these objectives.

EXPECTED IMPACT

500 words

Describe the expected impact of the proposed research on mental health and addictions outcomes in Nova Scotia using **clear, non-scientific language**. This section should explain, in practical terms, **why the work matters** and **how it will lead to benefits for Nova Scotians**.

When responding, applicants should consider addressing the following:

- **The problem:** What mental health or addictions issue is the research seeking to address, and why is it important in the Nova Scotia context?
- **The change:** What difference do you expect this research to make if it is successful (e.g., improved access to services, better outcomes for specific populations, more effective programs, or informed policy or practice)?
- **The pathway to impact:** How could the findings reasonably be used in practice, policy, service delivery, or future decision-making in Nova Scotia?

Applicants should avoid technical terminology, discipline-specific jargon, and detailed methodological descriptions in this section. The response should be understandable to a **general audience**, including policymakers, practitioners, and community stakeholders.

TEAM MEMBERS

Using the table provided, list all team members, including yourself as the primary applicant, who will be involved with your research project.

KEY WORDS

Provide **six** key words that describe your proposed project. This information is for administrative purposes and reviewer recruitment.

ATTACHMENTS

The following items must be uploaded into Jura. All uploaded documents **must be in PDF format**.

PRIMARY APPLICANT CV

Upload an **up-to-date, detailed CV** for the Primary Applicant (PA).

ADDITIONAL ATTACHMENTS

Optional: You may upload any additional documents in support of your application. Some examples may include:

- Citations
- Letters of support from community or industry partners, where appropriate. This is particularly important if a partnership is key to the success of the project.
- Other supporting documents relevant to the application (e.g. data course confirmation or sample questionnaires).

REVIEWERS

SUGGESTED & EXCLUDED REVIEWERS

Suggest up to **five** Canadian and/or international reviewers that you think have the expertise to review your application. You should **not** suggest reviewers in potential conflict of interest.

You may also suggest individuals that you think cannot provide an objective review of your application and add comments specifying the reason for their exclusion.

The Office of Addictions & Mental Health, supported by Research Nova Scotia, will make the final selection of reviewers.

APPLICATION SUBMISSION

APPLICATION SUMMARY

For an overview of how your submission will appear for consideration by the review committee, select the *'EOI Summary'* button on the submission form. You will be provided with a PDF overview and a list of all attachments connected to your submission.

It is strongly recommended that you **review this carefully before submission** to ensure the information provided is accurate and appears correctly.

SUBMISSION

When your proposal is ready for submission select the *'Submit'* button at the bottom of your form. You will receive a confirmation email, and the submission will be viewable under *'Submitted Applications'* in your Jura Applicant Home page.

ORGANIZATIONAL REVIEW

All submissions **must** receive organizational approval **before the EOI deadline**. This process is completed via an organizational representative in Jura once you submit your application.

Applicants **must** connect with their Research Office **well in advance** of the submission deadline to confirm any internal deadlines and processes.

APPLICATION SUPPORT

Technical issues related to application submission via Jura can be directed to:

RNS Jura Helpdesk

helpdesk@researchns.ca

Jura Helpdesk Hours are 8am-4pm Monday to Friday. Responses will be provided as soon as possible but please allow up to 24 hours for a response.

APPENDIX A: REVIEW PROCESS

- STEP 1.** All Expression of Interest (EOI) submissions are assessed to determine whether they are complete and meet the eligibility criteria. Applications that do not meet basic administrative and eligibility criteria will be marked ineligible and not considered by the review committee.
- STEP 2.** Eligible EOI submissions are reviewed by a committee comprised of representatives from the Office of Addictions and Mental Health. This committee will determine whether the proposed project topic aligns with the requirements for the program.
- STEP 3.** Successful EOI applicants will be invited to submit a full application for consideration.